



**West Bengal Council of Higher Secondary Education**  
Vidyasagar Bhavan  
9/2, Block DJ, Sector-II, Salt Lake, Kolkata – 91

No : L/PR/067/25

Date : 18/02/2025

**Notification**

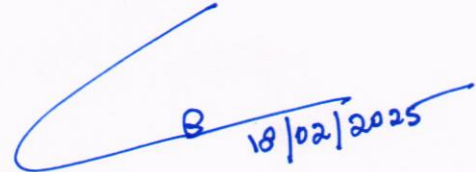
**Attention : All Concerned**

In our earlier Notifications regarding Revision of Syllabus, the Council has already published the revised syllabus in the following subjects :

*English B, English A, Alternative English, Bengali A, Hindi A, Hindi B, History, Political Science, Accountancy, Costing & Taxation, Business Studies, Education, Science of Well-being, Statistics, Philosophy, Environmental Studies, Economics, Geography, Biological Science, Modern Computer Application .*

In this Notification, the revised syllabus of Human Development and Resource Management [HDRM] is being published.

- All the changes in the concerned subjects will get reflected in the 4<sup>th</sup> Edition of the syllabus book.
- Relevant changes will be made in our next version of the books of Model Question papers.
- Please note that, changes as stated in the Class XI syllabus in this Notification are not going to affect the students who are already in the process of preparation for the Class XI Semester 2 examination.
- Any changes mentioned here in this Notification will be effective from the next academic year.



Dr.(Prof) Chiranjib Bhattacharjee  
PRESIDENT  
(WBCHSE)

# Changes in Syllabus HDRM

## Semester – I

### Unit – III

#### Modification

#### Resource Management

1. **Concept of Resource**
  - a. Meaning of Resource
  - b. Characteristics of Resource
  - c. Types of Resource: Human Resource, Non-Human Resource; Energy Resource
2. **Conservation of Resource:**
  - a. Definition and Objectives of Resource Conservation
  - b. Basic concept of Water Resource Conservation and Energy Resource Conservation (Electricity and Fuel).
3. **Management of Resources in an Organisation**
  - a. Meaning of Resource Management in an Organization
  - b. Process of Resource Management in an Organization

## Semester - II

### Unit - V

#### Food and Nutrition

Topic No. 1.c) “Definition of health, Dimensions of health, Characteristics of good health” is excluded from Unit V and merged with Unit VI, topic no. 1 (Health and its Dimensions).

## Semester III

### Unit - I

#### Lifespan Approach to Human Development - Adolescence

#### 2. c) Existing Syllabus

“Development of Gender roles and Stereotypes”

#### Modification

“Concept of gender”

### Unit - II

#### Lifespan Approach to Human Development – Adulthood

The topic no. 1.b) “Concept of Personal Health and Reproductive Health in Adulthood” is excluded from the syllabus.

### Unit - IV

#### Modification

#### Apparel: Designing and Selection

#### 1. Design, Fashion and Style

- a. Basic Concept of Design,

- b. Application of Elements of Art and Principles of Design in Designing Apparel,
- c. Basic Concept of Fashion and Style, Changing of Fashion.

## **2. Selection and Care of Apparel**

- a. Factors influencing Selection of Apparel: Age, Climate, Season, Occupation, Figure, Occasion, Fashion, Purpose, Quality, Cost, Colour
- b. Method of Washing of Clothes: Cotton, Silk and Woollen Clothes;  
Concept of Stain Removal: Tea/Coffee, Ink, Bloodstain, Rust, Grease, Curry.

## **Semester - IV**

### **Unit - V**

#### **Existing Syllabus**

“Nutrition for Self, Family and Community”

#### **Modification**

“Nutrition for Family and Community”

The topic no. 1 “Nutritive Process and Concepts of Calorie” is **excluded from the syllabus**.  
The topic no.2. c) “Use of Food Value Tables and Calculation of Nutritive Value of the Diet” is **excluded from the syllabus**.

Topic. No. 4.c) “Current National Nutritional Programmes in India” and  
Topic no. 4..d) “Deficiency Diseases in India” are **excluded from the syllabus**.

### **A new unit is included in the syllabus.**

### **Unit - VI**

#### **Children with Special Needs**

1. Basic Concept of Children with Special Needs: Definition of Special Needs, Types of Special Needs – Intellectual, Visual, Auditory, Learning, Developmental (Autism) Disabilities.
2. Management of Children with Special Needs

### **Unit - VII**

#### **Existing Syllabus**

“Consumer Education and Protection” [**In existing syllabus it was in unit VI, after modification it is in unit VII**]

#### **Modification**

“Consumer Education, Protection and Hospitality Management”

Topic No. 2.c) “Cotton Mark, Handloom Mark and others” are **excluded from the syllabus**.  
“Hallmark” is **included in the syllabus**.

**“Hospitality Management” is included in the syllabus.**

**Hospitality management:** Basic Concept of Hospitality Management and its Significance in Studies; Departments Involved in Hospitality Management.



## Unit - VIII

“Extension Education, Media and Communication Technology” [In existing syllabus it was in unit VII, after modification it is in unit VIII]

## Unit – IX

“Career in Human Development and Resource Management” [In existing syllabus it was in unit VIII, after modification it is in unit IX]

### Changes in Marks Division in SEMESTER - IV

Full Marks: 35

| UNITS | TOPICS  | SHORT ANSWER TYPE QUESTIONS (2 marks) | SHORT ANSWER TYPE QUESTIONS (3 marks) | DESCRIPTIVE TYPE QUESTIONS (5/6 marks) | TOTAL |
|-------|---|---------------------------------------|---------------------------------------|--|-------|
| V     | Nutrition for Family and Community                        | 2×1= 2                                | 3×1=3                                 | 5×1=5                                  | 10    |
| VI    | Children with Special Needs                               | 2×1= 2                                |                                       | 6×1=6                                  | 08    |
| VII   | Consumer Education, Protection and Hospitality Management | 2×2=4                                 | 3×1=3                                 |  | 07    |
| VIII  | Extension Education, Media and Communication Technology   | 2×1=2                                 |                                       | 6×1=6                                  | 08    |
| IX    | Career in Human Development and Resource Management       | 2×1=2                                 |                                       |  | 02    |
| TOTAL |   | 12                                    | 06                                    | 17                                     | 35    |

### Changes in Practical

#### Class XII Practical

##### Topic No.-1

##### Existing syllabus-

Familiarity with Psychological Tests: Measuring intelligence of an adolescent student by using Standardized Tests (Binet-Kamat, Koh's Block Design)

##### Changes-

Familiarity with Psychological Tests: Measuring intelligence of an adolescent student by using **any** Standardized Tests (**For Example -Binet-Kamat, Koh's Block Design etc.**)

[Instruction: Students can use any scale of standardized test]

Topic No. - 9

A new Topic is included in the Syllabus. – “Removal of different types of Stain (Tea/ Coffee, Rust, Ink, Blood, Grease, Curry)”

### Guidelines in Practical

- There are 9 topics in the practical syllabus for class XI, and no semester division. There is flexibility for choosing the practical topics. Out of the 9 topics minimum 5 topics should be done by the students.
- There are 9 topics in the practical syllabus for class XII, and no semester division. There is flexibility for choosing the practical topics. Out of the 9 topics minimum 6 topics should be done by the students.

## HUMAN DEVELOPMENT & RESOURCE MANAGEMENT(HDRM)

### CLASS-XI

### PRACTICAL – 30 Marks

| Serial No.   | Topics   | No. of Contact Hours |
|--------------|--|----------------------|
| 1            | Preparing Materials for Stimulating the Sensory Development of Infants   | 2                    |
| 2            | Understanding Developmental Norms by using Standardized Checklist (Motor/Language/Social/Emotional Developmental Norms)-2 to12 years | 2                    |
| 3            | Preparing Reading Materials (Picture Book / Story Book/ Alphabet Book/ Nursery Rhymes Books) for Preschooler or School-Age Children  | 2                    |
| 4            | Identification of Fibres – Physical and Chemical Methods   | 2                    |
| 5            | Identification of Different Weaves   | 2                    |
| 6            | Measuring Weight of different Food Items   | 2                    |
| 7            | Detection of Carbohydrate, Protein and Fat in Food.  | 3                    |
| 8            | Preparing Healthy Tiffin for Preschooler/School-Age Child and Evaluating its Nutritional Value                                       | 3                    |
| 9            | Preparing Posters and Reinforcing Messages on Health and Hygiene   | 2                    |
| <b>Total</b> |  | <b>20</b>            |

**HUMAN DEVELOPMENT AND RESOURCE MANAGEMENT (HDRM) 2024-25****Class-XII****Practical - 30 Marks**

| <b>Serial No.</b> | <b>Topics</b>  | <b>No. of Contact Hours</b> |
|-------------------|--|-----------------------------|
| 1                 | Familiarity with any Psychological Tests: Measuring Intelligence of an Adolescent Student by using any Standardized Tests (For example - Binet-Kamat, Koh's Block Design etc).                                       | 2                           |
| 2                 | Preparing a report on Socio-Economic and Emotional Problems of an Elderly (Age - Above 60 Years) at Home or Neighbourhood by using a Structured Questionnaire  | 2                           |
| 3                 | Learning to Fill Different Bank Forms: Account Opening forms (Saving, Current, Recurring), Withdrawal Forms, Money Deposit Slip; Cheques.  | 2                           |
| 4                 | Textile Designing: Preparation of Any One Article using Applied Textile Design Techniques (Tie and Dye/ Batik Printing/ Block Printing/ Fabric Painting/ Using Different Stitches                                    | 2                           |
| 5                 | Preparation of a Nutritious School Tiffin for an Adolescent; Measuring its Food Value using Food Value Chart of ICMR.  | 3                           |
| 6                 | Preparation of a Nutritious Dish for a Pregnant/ Nursing Mother; Measuring its Food Value using Food Value Chart of ICMR.  | 3                           |
| 7                 | Market survey of Any Five Processed Foods with their Packaging and Label Information.  | 2                           |
| 8                 | Develop a Leaflet/Pamphlet for Consumer Education and Protection on any one of the following:<br>a) Consumer Protection Act (CPA)<br>b) Consumer Responsibilities<br>c) Consumer Organization<br>d) Consumer Problem | 2                           |
| 9                 | Removal of different types of Stain (Tea/ Coffee, Rust, Ink, Blood, Grease, Curry)   | 2                           |
| <b>TOTAL</b>      |  | <b>20</b>                   |